



PATIENT: **Sample Report**

TEST NUMBER: XXXXXX
 PATIENT NUMBER: N/A
 GENDER: Female
 AGE: 51
 DATE OF BIRTH: mm/dd/yyyy

COLLECTED: mm/dd/yyyy
 TESTED: mm/dd/yyyy

TEST REF: **TST-XXXXXX**

PRACTITIONER: **Nordic Laboratories**
 ADDRESS: Nygade 6, 3.sal
 1164 Copenhagen K

TEST NAME: Nordic Food Panel 184 IgG - BLOODSPOT - ENGLISH

TEST	SCORE	CLASS	TEST	SCORE	CLASS	TEST	SCORE	CLASS	TEST	SCORE	CLASS
MEAT & POULTRY			VEGETABLES			FRUITS			NUTS, SEEDS & OILS		
Beef	0.147	0	Artichoke	0.168	0	Apple	0.150	0	Almond	0.385	2 **
Buffalo	0.156	0	Asparagus	0.360	2 **	Apricot	0.157	0	Brazil Nut	0.147	0
Chicken	0.183	0	Beets	0.154	0	Avocado	0.149	0	Canola	0.147	0
Duck	0.161	0	Bell Pepper	0.134	0	Banana	0.177	0	Cashew	0.152	0
Lamb	0.176	0	Broccoli	0.173	0	Blackberry	0.170	0	Chestnut	0.171	0
Pork	0.136	0	Brussel Sprouts	0.146	0	Blueberry	0.164	0	Chia Seed	0.173	0
Turkey	0.164	0	Cabbage	0.171	0	Cantaloupe	0.169	0	Cola	0.192	0
Venison	0.144	0	Carrot	0.189	0	Cherry	0.187	0	Flaxseed	0.159	0
FISH & SHELLFISH			Cauliflower	0.145	0	Coconut	0.173	0	Hazelnut	0.180	0
Anchovy	0.178	0	Celery	0.153	0	Cranberry	0.143	0	Hemp	0.191	0
Bass	0.158	0	Cucumber	0.145	0	Date	0.164	0	Macadamia Nut	0.173	0
Clam	0.183	0	Eggplant	0.167	0	Fig	0.220	1 *	Pecan	0.173	0
Codfish	0.151	0	Garlic	0.165	0	Grape	0.184	0	Pine Nut	0.165	0
Crab	0.191	0	Green Bean	0.257	1 *	Grapefruit	0.264	1 *	Pistachio	0.150	0
Flounder	0.152	0	Kale	0.227	1 *	Honeydew	0.157	0	Poppy Seed	0.280	1 *
Haddock	0.159	0	Kelp	0.198	0	Kiwi	0.334	2 **	Safflower	0.191	0
Halibut	0.180	0	Lettuce	0.157	0	Lemon	0.276	1 *	Sesame	0.216	1 *
Herring	0.154	0	Mushroom	0.241	1 *	Lime	0.263	1 *	Sunflower Seed	0.229	1 *
Lobster	0.157	0	Okra	0.188	0	Mango	0.176	0	Walnut	0.188	0
Mackerel	0.152	0	Olive, Green	0.140	0	Orange	0.164	0	HERBS, SPICES, FLAVORINGS		
Mussel	0.198	0	Onion	0.150	0	Papaya	0.161	0	Basil	0.178	0
Oyster	0.194	0	Parsnip	0.177	0	Peach	0.150	0	Bay Leaf	0.191	0
Perch	0.152	0	Potato	0.195	0	Pear	0.159	0	Black Pepper	0.173	0
Red Snapper	0.165	0	Potato, Sweet	0.193	0	Pineapple	0.331	2 **	Cilantro	0.193	0
Salmon	0.175	0	Pumpkin	0.168	0	Plum	0.150	0	Cinnamon	0.196	0
Scallop	0.320	2 **	Radish	0.166	0	Raspberry	0.148	0	Cloves	0.190	0
Shrimp	0.167	0	Spinach	0.188	0	Rhubarb	0.153	0	Dill	0.185	0
Sole	0.175	0	Squash	0.173	0	Strawberry	0.151	0	Fennel Seed	0.335	2 **
Squid	0.168	0	Tomato	0.146	0	Tangerine	0.158	0	Ginger	0.330	2 **
Swordfish	0.175	0	Turnip	0.183	0	Watermelon	0.179	0	Ginseng	0.152	0
Trout	0.149	0	Zucchini	0.166	0	BEVERAGES & MISC			Horseradish	0.159	0
Tuna	0.186	0	LEGUMES & PULSES			Black Tea	0.198	0	Licorice	0.153	0
Walleye Pike	0.163	0	Black-eyed Peas	0.190	0	Carob	0.180	0	Mustard	0.143	0
GRAINS & STARCHES			Chickpea	0.161	0	Cocoa	0.163	0	Nutmeg	0.192	0
Amaranth	0.257	1 *	Green Pea	0.175	0	Coffee	0.204	1 *	Oregano	0.196	0
Arrowroot	0.164	0	Kidney Bean	0.219	1 *	Green Tea	0.194	0	Paprika	0.173	0
Barley	0.176	0	Lentil	0.191	0	Honey	0.198	0	Parsley	0.168	0
Bran	0.180	0	Lima Bean	0.171	0	Yeast, Baker's	0.192	0	Peppermint	0.193	0
Buckwheat	0.193	0	Navy Bean	0.221	1 *	Yeast, Brewer's	0.238	1 *	Rosemary	0.174	0
Corn	0.162	0	Peanut	0.171	0	DAIRY & EGG			Sage	0.164	0
Gluten	0.221	1 *	Soybean	0.191	0	Blue Cheese	0.314	2 **	Tarragon	0.174	0
Hops	0.172	0	DAIRY & EGG			Casein	0.443	3 ***	Thyme	0.159	0
Malt	0.574	3 ***	Blue Cheese	0.314	2 **	Cheddar Cheese	0.356	2 **	Turmeric	0.193	0
Millet	0.176	0	Casein	0.443	3 ***	Cottage Cheese	0.502	3 ***	Vanilla Bean	0.360	2 **
Oats	0.139	0	Cheddar Cheese	0.356	2 **	Egg, White	0.393	2 **			
Quinoa	0.183	0	Cottage Cheese	0.502	3 ***	Egg, Yolk	0.409	3 ***			
Rice	0.173	0	Egg, White	0.393	2 **	Milk, Cow's	0.518	3 ***			
Rye	0.183	0	Egg, Yolk	0.409	3 ***	Milk, Goat's	0.519	3 ***			
Sorghum	0.194	0	Milk, Cow's	0.518	3 ***	Milk, Sheep's	0.356	2 **			
Tapioca	0.152	0	Milk, Goat's	0.519	3 ***	Mozzarella Cheese	0.396	2 **			
Teff	0.201	1 *	Milk, Sheep's	0.356	2 **	Swiss Cheese	0.371	2 **			
Wheat	0.253	1 *	Mozzarella Cheese	0.396	2 **	Whey	0.501	3 ***			
			Swiss Cheese	0.371	2 **	Yogurt	0.355	2 **			
			Whey	0.501	3 ***						
			Yogurt	0.355	2 **						

Reference Range G52 - 10555

0 = No Reactivity 1 = Low 2 = Moderate 3 = High

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